

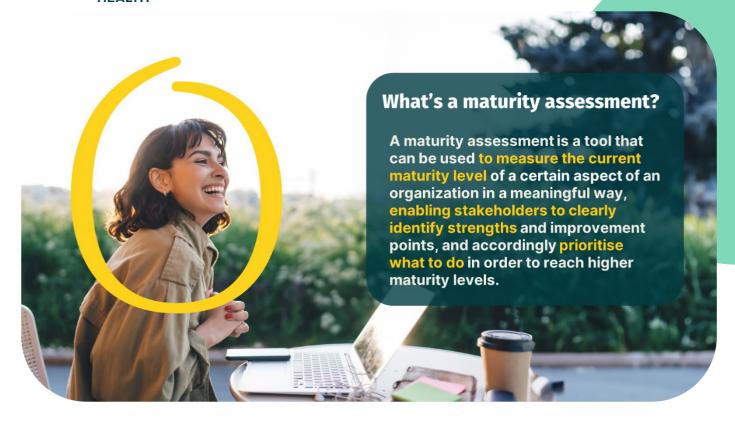
# MATURITY ASSESSMENT



**Company/Program:** 

**Date of Assessment:** 





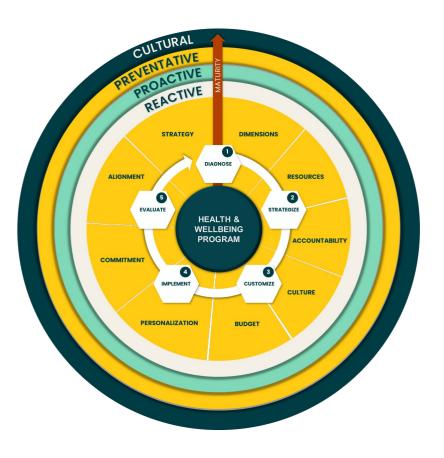
#### **MATURITY ASSESSMENT**

The maturity assessment is a tool designed by Personify Health for you to understand where your Health & Wellbeing Corporate Program is and prioritize strategy and initiatives to embed it in your organization's culture. It is divided in 2 categories, the Maturity (the outer rings), and the Levers (the inner pie).

The Maturity reflects the stage where a lever is ranging from reactive towards proactive, preventative, and finally cultural. Meaning, how developed or mature is a key area of a program or project.

The Levers depicts the key areas of a program or project management. This dimension was inspired by the structure of PMI's 9 knowledge areas (Project Management Institute) but tailored to the needs of a health and wellbeing program.

Finally, you can use the **5-Steps** approach for action (the 5 white tiles) as a process to apply the maturity assessment in a systematic fashion.





Let's find out where you are in your health & wellbeing growth journey. This page will be automatically filled once you go through page 4 -8 to calculate each lever's score.

Respondent / Company: \_\_\_\_\_\_

	1 (Reactive)	2 (Proactive)	3 (Preventative)	4 (Cultural)	
Strategy is the vision	that will guide the corp	orate H&W programs in	to the future.		Score
Strategy	No distinct H&W strategy. Actions taken are reactive to clear external triggers or regulatory changes	Distinct H&W strategy which is data-driven and proactively addresses employee needs	H&W strategy is a key element of the business strategy	H&W is integrated into business strategy and influences future strategic direction	_
			mework, not the process wellbeing at a given orga	s. In practice, each intersects anization.	Score
Dimensions	Responding and managing incidents	Specific Health & Wellbeing dimensions	All dimensions of H&W, holistic offering	Integrated approach to H&W, including external stakeholders	
Alignment is when the culture.	ne H&W programs align v	vith a global strategy o	r region and countries an	d are sensitive to local	Score
Alignment	No alignment between local, regional nor global	Aware of H&W initiatives	Aligned with global	Aligned with global but locally adapted	
	legree of dedication and trategy and initiatives po		s and managers in promo on.	ting, participating, and	Score
Commitment	No formal commitment and limited leadership support	Public commitment with leadership support	Leadership and managers take ownership and proactively apply H&W behaviors	Addressed at boardroom level and organizational wellbeing is a key objective of the ESG strategy	_
	nsures that H&W is part ergic communication.	of Global and Local HR	initiatives, and the empl	oyee life cycle through	Score
Culture	Culture does not always support or align with H&W considerations	Employees and Leadership embrace and start supporting H&W through active communications	H&W is consistently considered in employee lifecycle and key business decisions	Every employee has H&W as a shared value, infused into every aspect of the organization	
Accountability implied business goals.	es that H&W is a departn	nent with its team, dedi	cated resources, and def	fined KPIs to support	Score
Accountability	Siloed in specific functions like HR and HSE, no full- time dedicated team, no KPIs	A centralized dedicated team with cross- functional involvement, subjective KPIs	Local or/and regional H&W leaders, quantitative & qualitative KPIs	Leadership, managers, and champions are accountable and empowered, H&W is part of their job description, responsible for business KPIs	_
Resource is the hum	an capital needed to gua	rantee the consistency	of its operations stratec	gically.	Score
Resource	Existing teams have wellbeing as part of their current role	Min. 1 FTE for the H&W program, not necessarily SME	Established H&W team with some SMEs	All team members are experts in H&W field, and cross-functional	
Budget is the monet	ary allocation from the p	rogram owner, sponsor	and/or business to ensu	re program operations.	Score
Budget	No budget allocated, or only upon request	Budget available from own department (Safety; HR; Benefits)	Annual budget from C-Level made available to local/regional/central execution	Budget line is defined in the P&L	
Personalization is th	e ability to move from ge	eneral topics for all to sp	pecific employee needs o	of a single individual.	Score
Personalization	No personalization. One size must fit all	Some programs targeted at addressing a specific topic on an ad hoc basis	Managing complexity by segmenting per geography, employees, and job's roles	Personalized support for all individuals based on their unique wants & needs	

**Reactive**: 1.0 to 1.74 | **Proactive**: 1.75 to 2.49 | **Strategic**: 2.5 to 3.24 | **Cultural**: 3.25 to 4.0

Final Average Score: \_\_\_\_/4



## Lever's Questionnaire

We have designed a simple, yet insightful questionnaire for you to better assess each one of your health and wellbeing program levers. The goal is that by answering those questions you can reflect on what has been done so far, we eventually what can be prioritized to grow your program.

Each lever has 5 questions with a high reliability between them. Meaning that we can assess the right lever with a high degree of confidence. In that way you can be sure that you are measuring that specific lever correctly.

Each question has 4 answers, ranging from 1 to 4. At the end, the average of the 5 answers will give you that lever's average score. When you finish to assess all the levers, you will see at page 2, both on the "score" column, and at the bottom the final average score of your program's maturity, will be automatically populated.

Once you finish, based on the maturity system ranging from 1 to 4, you can classify the results as follows to ensure the ranges are equally distributed and make logical sense:

**Reactive**: 1.0 to 1.74 | **Proactive**: 1.75 to 2.49 | **Strategic**: 2.5 to 3.24 | **Cultural**: 3.25 to 4.0

1 Reactive	2 Proactive	3 Preventative	4 Cultural	Score	Avg. Score
How are KPIs for your he	alth and wellbeing strateg	y established?			
We have no KPIs in place.	We use some subjective KPIs.	We have both objective and subjective KPIs.	We measure both subjective and objective KPIs, integrated with business KPIs.		
What best describes the	mission and goals of your	health and wellbeing pro	gram?		
No program mission or well-defined goals; reactive approach.	Some loosely defined goals.	An annual mission with well-defined goals.	A long-term mission with constantly reviewed measured goals influencing business strategy.		
How does your organization	tion utilize data in health a	nd wellbeing decision-ma	king?		
We don't collect or assess employee data.	Limited to global employee survey data.	Analyze global survey data plus our biometric and subjective data.	Comprehensive analysis including employee data, biometric, subjective, and business metrics.		_
How does your organization	tion's leadership engage w	vith the health and wellbei	ng strategy?		
Minimal or no engagement.	Periodic engagement, mostly in response to issues.	Regular engagement and support.	Leadership actively shapes and champions the strategy.		
How is your health and w	vellbeing strategy commu	nicated and promoted?			
Rarely or not at all.	Occasionally, but not consistently.	Regularly, with clear communication channels.	Integrated into all aspects of organizational communication and culture.		



1 Reactive	2 Proactive	3 Preventative	4 Cultural	Score	Avg. Score
How comprehensive are	the health and wellbeing o	limensions in your organiz	ation?		
Focus only on immediate issues or incidents.	Some specific dimensions targeted but not comprehensive.	Holistic offering covering all key dimensions.	Integrated approach encompassing internal and external stakeholders.		
How are your health and	wellbeing initiatives tailor	ed?			
Generic, "one size fits all" approach.	Some customization based on general employee needs.	Targeted initiatives based on detailed employee needs analysis.	Fully personalized programs adapting to individual, and group needs dynamically.	_	
How does your organizat	ion measure the effective	ness of different health an	d wellbeing dimensions?		
No measurement or follow-up.	Limited to feedback from participants.	Regular measurement of participation and satisfaction.	Comprehensive impact analysis including behavioral and business outcome metrics.		
How are new health and w	wellbeing dimensions intro	oduced in your organizatio	on?		
Rarely or only in response to specific events.	Occasionally, based on perceived needs.	Systematically, based on ongoing needs assessments.	Proactively, with a continuous improvement approach and employee involvement.		
How do employees engaç	ge with the available healt	h and wellbeing dimensio	ns?		
Minimal or no engagement.	Engagement primarily in popular or promoted programs.	Regular engagement across a variety of programs.	Active participation and co-creation in program development and evolution.		

1 2 Reactive Proactive		3 Preventative	4 Cultural	Score	S	
How is the alignment of health and wellbeing initiatives with overall corporate strategy?						
No clear alignment or ad-hoc alignment.	Partial alignment with some business objectives.	Strong alignment with key business strategies.	Integral to business strategy, influencing corporate decisionmaking.			
How consistent are healt	h and wellbeing programs	across different geograp	hies (local, regional, globa	I)?		
Fragmented and inconsistent across different levels.	Some consistency, but largely varies by region.	High degree of consistency with local adaptations.	Fully integrated and consistent across all levels with strong local relevance.			
How do health and wellbe	eing initiatives align with o	other employee engageme	ent programs?			
Isolated, with little or no integration.	Some informal connections with other programs.	Formally integrated but distinct from other employee programs.	Fully integrated, forming a cohesive part of overall employee engagement strategy.			
How does your organizat	ion ensure ongoing alignr	nent of health and wellbei	ng initiatives?			
Rarely reviewed for alignment.	Alignment reviewed in response to major changes.	Regular reviews and adjustments for alignment.	Continuous monitoring and dynamic adjustment for optimal alignment.			
How are stakeholders inv	olved in aligning health a	nd wellbeing initiatives?				
Minimal stakeholder involvement.	Some key stakeholders are occasionally consulted.	Regular involvement of a broad range of stakeholders.	Deep, ongoing engagement with stakeholders at all levels for alignment and co-creation.			



1 Reactive	2 Proactive	3 Preventative	4 Cultural	Score	Avg. Score
What level of commitmer	nt does leadership show to	wards health and wellbei	ng programs?		
Limited or no visible commitment.	Periodic support, often reactive.	Consistent support and advocacy.	Leadership actively leads and champions wellbeing initiatives.		
How is commitment to he	ealth and wellbeing demor	strated in resource alloca	ition?		
No specific resources allocated.	Limited resources allocated reactively.	Adequate resources allocated with proactive planning.	Substantial, dedicated resources, reflecting a high strategic priority.		
How are health and wellb	eing commitments comm	unicated internally?			
Rarely or not communicated.	Communicated occasionally, often reactively.	Regular, planned communications.	Integral part of all corporate comms, reinforcing a culture of wellbeing.		
How is the commitment t	o health and wellbeing ref	lected in organizational p	olicies?		
No or minimal reflection in policies.	Some policies address wellbeing, but not comprehensively.	Comprehensive policies supporting wellbeing.	Policies are not only supportive but are also innovative, setting industry benchmarks.		
How does the organization	on engage employees in co	ommitting to their health a	and wellbeing?		
Minimal or no engagement.	Occasional campaigns or initiatives.	Regular programs and active encouragement.	Deep, continuous engagement with diverse, innovative approaches.		

1	2	3	4	Score	Avg
Reactive	Proactive	Preventative	Cultural		Sco
How is health and wellbei	ng integrated into your or	ganizational culture?			
occasional initiatives	Some initiatives align with culture, but not consistently.	Strong alignment with culture, regularly reinforced.	Deeply embedded in culture, shaping behaviors and values.		
How do employees percei	ive and engage with healt	h and wellbeing initiatives	s?		
Low awareness and engagement	Moderate awareness, engagement in popular programs.	High engagement, seen as a valuable part of employment.	Active participation, employees view these initiatives as essential.		
How does your organizati	on promote a culture of h	ealth and wellbeing?			
No active promotion or inconsistent messages	Occasional promotion through campaigns or events.	Consistent promotion through various channels and practices.	Continuously reinforced through leadership actions, comms, and policies.		
How does health and well	being feature in the empl	oyee lifecycle (recruitmer	t, onboarding, developme	nt)?	
mentioned only	Mentioned in some stages, not a key focus.	Integrated into key stages, part of the value proposition.	Central theme throughout the lifecycle, influencing attraction and retention.		
How does the organizatio	n support a culture of pe	er support and shared res	ponsibility for wellbeing?		
Minimal or no support for peer initiatives.	Some support for employee-led initiatives.	Strong encouragement and support for peer-led wellbeing initiatives.	Peer support is a key component of wellbeing strategy, with extensive resources and recognition.		



	1 Reactive	2 Proactive	3 Preventative	4 Cultural	Score	Avg. Score
	How is accountability for	health and wellbeing initia	atives structured in your o	rganization?		
<b>&gt;</b>	No clear accountability or fragmented across various functions.	Some accountability, but limited to specific teams or departments.	Clear accountability with specific roles and responsibilities.	Integrated accountability across all levels, part of job descriptions and performance metrics.		
$\vdash$	How does the organization	on ensure accountability in	n delivering health and we	Ilbeing initiatives?		
<b>ABILI</b>	No formal mechanisms for ensuring accountability.	Occasional review of initiatives without formal accountability.	Regular review and feedback loops for accountability.	Strong performance management systems linked to wellbeing outcomes.		
7	What role do leaders and	managers play in account	tability for health and well	being?		
CCOUNTABILIT	Minimal involvement or responsibility.	Some leaders and managers are involved, but not consistently.	Leaders and managers are regularly involved and have defined responsibilities.	Leaders and managers are fully accountable, with wellbeing metrics part of their performance evaluation.		_
Ö	How are employees invol	ved in accountability for tl	neir own and others' wellb	eing?		
AC	Minimal or no involvement.	Occasional encouragement to participate or provide feedback.	Regular involvement with opportunities for feedback and contribution.	Employees are actively empowered, with structured channels for input and co-creation.		
	How does the organization	on measure and report on	health and wellbeing acco	untability?		
	No measurement or reporting.	Informal or ad-hoc reporting.	Regular reporting on specific initiatives.	Comprehensive, integrated reporting with clear metrics and transparency.		

1 Reactive	2 Proactive	3 Preventative	4 Cultural	Score	Avg. Score
How is the resourcing for	health and wellbeing initi	atives managed in your or	ganization?		
No dedicated resources; reliant on existing staff and budgets.	Limited dedicated resources; some initiatives have specific allocations.	Good resource allocation with dedicated staff and budget for wellbeing.	Excellent resourcing with a dedicated team of experts and a substantial budget.		
What level of expertise d	o the staff responsible for	health and wellbeing initi	atives possess?		
Minimal or no specific expertise in health and wellbeing.	Some staff with relevant expertise or interests.	Dedicated staff with professional qualifications in health and wellbeing.	High-level expertise, with staff having advanced qualifications and continuous development in wellbeing.	_	
How does your organizat	ion prioritize resource allo	ocation for health and well	being initiatives?		
Low priority; resources are allocated as an afterthought.	Moderate priority; resources are allocated but often limited.	High priority; resources are allocated proactively and reviewed regularly.	Strategic priority; resources are allocated generously and reviewed to maximize impact.		
How are external resourc	es and partnerships lever	aged for wellbeing initiati	ves?		
Rarely or not at all.	Some use of external resources, but not strategically.	Strategic use of external partnerships to enhance initiatives.	Extensive and innovative use of external partnerships, setting industry benchmarks.		
How does the organization	on support continuous lea	rning and development in	the field of health and wel	lbeing?	
Minimal or no support.	Occasional opportunities for learning and development.	Regular opportunities and encouragement for professional development.	Strong culture of continuous learning, with substantial investment in development programs.		

**PERSONALIZATION** 



1 Reactive	2 Proactive	3 Preventative	4 Cultural	Score	Avg. Score
How is the budget for hea	alth and wellbeing initiativ	es determined?			
No specific budget; ad- hoc funding.	Limited budget, often as part of other initiatives.	Specific, dedicated annual budget based on strategic priorities.	Generous, multi-year budgeting aligned with long-term strategic goals.	_	
How flexible and respons	sive is the budgeting proce	ess for health and wellbeir	ng initiatives?		
Inflexible; difficult to secure funds for unexpected needs.	Some flexibility, but often constrained by other priorities.	Flexible budgeting allowing for adaptation to changing needs.	Highly adaptive budgeting, responsive to both planned and emerging needs.	_	
How does budget allocat	ion reflect the organizatio	n's commitment to health	and wellbeing?		
Budget allocation does not reflect a commitment to wellbeing.	Budget reflects a moderate commitment, with some limitations.	Strong commitment, with a budget that allows for comprehensive initiatives.	Reflects a core strategic commitment, with a budget that sets industry standards.		
How is the ROI of health a	and wellbeing initiatives m	easured and considered i	n budgeting?		
ROI not measured or considered in budgeting.	Informal assessment of ROI, with limited impact on budgeting.	Formal measurement of ROI, influencing budget decisions.	Comprehensive ROI analysis, integral to strategic budgeting and decision-making.	_	
How are budgetary decis	ions for health and wellbe	ing initiatives communica	ted and reviewed?		
Minimal communication; rarely reviewed.	Some communication; occasional review.	Regular communication and review, with transparency.	Extensive comms and continuous review, with high-level stakeholder involvement.		

1 Reactive	2 Proactive	3 Preventative	4 Cultural	Score	Avg. Score		
How personalized are health and wellbeing initiatives for individual employees?							
Generic, "one size fits all" approach.	Some level of personalization based on broad categories.	Good level of personalization, with initiatives catering to diverse needs.	Highly personalized, with initiatives tailored to individual preferences and needs.				
How does the organization	on gather and use employ	ee feedback to personaliz	e initiatives?				
Rarely or never collects employee feedback.	Collects feedback, but limited use in personalization.	Regularly collects and uses feedback to shape initiatives.	Continuously collects feedback, using advanced methods for dynamic personalization.				
How are technology and	data analytics utilized for	personalizing health and	wellbeing initiatives?				
Not utilized or minimal use.	Some use of technology for basic personalization.	Good use of technology and analytics for personalization.	Advanced use of technology, including Al and machine learning, for sophisticated personalization.				
How does the organization	on cater to the diverse ne	eds and preferences of its	workforce in wellbeing ini	tiatives?			
Minimal consideration of diversity.	Some consideration but limited in scope.	Strong focus on catering to a diverse workforce.	Comprehensive approach, continuously evolving to meet diverse and changing needs.				
How does the organization	on ensure accessibility an	d inclusivity in its health a	nd wellbeing initiatives?				
Limited accessibility and inclusivity.	Some efforts towards accessibility and inclusivity, but inconsistent.	Good accessibility, with initiatives designed to be inclusive.	Excellent accessibility and inclusivity, setting standards in corporate wellbeing.				



## 5-Steps Approach for Action

Now that you made your assessment, it's time for action!
With the 5-Step approach for action, you have a clear road in front of you to successfully turn insights gathered during the maturity assessment into action.

#### STEP 1 - Diagnose Identify where your business is today, and where you want it to be in the future

Before embarking upon efforts to develop or enhance an employee health and wellbeing strategy, businesses must first objectively diagnose their current level of maturity.

This is a critical starting point and helps the organization to really understand where it is today before considering where it needs to be in the future

The maturity assessment can help as a first step to unify leadership around objectives and vision.

- Try to assess current global employee and engagement surveys.
- Talk with different stakeholders.
- If possible, create focus groups and interview managers and employees.
- Check ESG or CSR reports for information about overall company goals

#### Step 2 – Strategize | Formulate and invest in a strategy to drivel long term, sustainable business change

Ultimately health and wellbeing strategies that are not integrated into wider business strategies are unlikely to receive the investment or prioritization that they require to really drive organizational change and deliver maximum benefits in terms of health outcomes and returns on investment.

- A recent survey of global businesses found that around 45% of companies do not have a welldefined wellbeing strategy, despite a clear majority (87%) having wellbeing initiatives in place.
- Apply the needed levers to fine tune the strategy.
- Decide which levers are a priority and how can you advance to the next level of maturity.

#### Step 3 - Customize | Build an approach that is customized for the organization's needs of its people

Due to diversity within and between businesses, every journey towards employee health and wellbeing is unique, requiring an understanding of the business context and local culture to create effective strategies.

To support effective customization, it is vital that companies collect relevant local data and engage in meaningful dialogue with employees in specific regions.

- Assess available regional or local data through the VP Platform or employee surveys.
- Assess which phases of the employee life cycle can be prioritized.
- Ask champions and local leaders support to provide customization ideas for the program.

#### Step 4 - Implement | Select the right levers to drive change, organizational capability, and accountability

Many companies have a fragmented approach to employee health and wellbeing, with various teams such as Human Resources, Corporate Social Responsibility and Environmental Health and Safety, focusing on different aspects of human health in silos.

To address this, companies should ensure clear communication channels are set up between teams and consider establishing dedicated health and wellbeing leadership and local champions to ensure the closely interlinked aspects of health feed into one another.

- How can other HR functions support your implementation plan?
- Which Levers do you want to prioritize?
- How can champions, leaders and managers can support the implementation plan?

#### Step 5 - Evaluate | Monitoring performance, communicate success, and utilize data to show proof of value

Employee health and wellbeing can be a particularly challenging area in which to measure progress. Quantitative assessments can deliver a certain degree of insight but these need to be complemented by detailed qualitative explorations of impact based on employee engagement and surveys.

To continually improve their understanding of performance, companies need to iteratively consider what data is currently available and what additional information would help to paint a clearer picture of success – all the while maintaining the utmost consideration for employee data privacy.

- Keep track of all the accountable KPIs
- Create alternative ways to collect data via Survey, end of presentations and demos.
- Qualitative data, such as stories, group perceptions via individual interviews and focus groups, also act as KPIs if previously decided.



### **Client Example of Assessment and Maturity-Based Recommendations**

	Reactive	Proactive	Preventative	Cultural	Recommendations
Strategy	No distinct H&W strategy. Actions taken are reactive to clear external triggers or regulatory changes	Distinct H&W strategy which is data-driven and proactively addresses employee needs	H&W strategy is a key element of the business strategy	H&W is integrated into business strategy and influences future strategic direction	Proper H&W strategy needs an understanding of the goals, dimensions, and tiers for prioritization. We recommend analysis of main needs through survey assessments to develop both quantitative and qualitative KPIs.
Dimensions	Responding and managing incidents	Specific Health & Wellbeing dimensions	All dimensions of H&W, holistic offering	Integrated approach to H&W, including external stakeholders	Start by defining the key dimensions and its variables. It will allow for a global single narrative, better programming of minimum standards globally, and clear strategic KPI's. Make sure to connect the dimensions with organization cultural values.
Alignment	No alignment between local, regional nor global	Aware of H&W initiatives	Aligned with global	Aligned with global but locally adapted	The lack of global, regional and local alignment can be achieved by defining the key dimensions and its variable. Also, by understanding the different levels of regional or local maturity of offers and levers through the implementation of a Global Maturity Assessment for H&W.
Commitment	No formal commitment and limited leadership support	Public commitment with leadership support	Leadership and managers take ownership and proactively apply H&W behaviors	Addressed at boardroom level and Organizational wellbeing is a key objective of the ESG strategy	Some Leaders are interested and need more guidance on which dimensions to focus on and clear request on how to support H&W program. Try to connect German manager's experience and pilot approaches in priority countries to generate more case studies for further implementation.
Culture	Culture does not always support or align with H&W considerations	Employees and Leadership embrace and start supporting H&W through active communications	H&W is consistently considered in employee lifecycle and key business decisions	Every employee has H&W as a shared value, infused into every aspect of the organization	H&W is part of HSE but Culture is within the team. We recommend that after having the Dimensions defined, to focus on 1 of the Employee Life Cycle Phases (Onboarding or Managers) to embed it systematically. It cal be assets regarding what its H&W at organization and its pillars, and the expected behaviors and values.
Accountability	Siloed in specific functions like HR and HSE, no fulltime dedicated team, no KPIs	A centralized dedicated team with cross functional involvement, subjective KPIs	Local or/and regional H&W leaders, quantitative & qualitative KPIs	Leadership, managers, and champions are accountable and empowered, H&W is part of their job description, responsible for business KPIs	Since that you have 2 strategic leaders and 1 senior consultant, we recommend that you find quantitative and/or qualitative KPI's that you cabe responsible with, guided also by the Maturity Assessment.  Additionally, it seems that you have local champions in place, so for higher program accountability, we recommend that you create the H&W Local Leader role, preferably to be nominated by a Country Leader such as Head HR, President or alike that can influence and gather a local team around them.
Resource	Existing teams have wellbeing as part of their current role	Min. 1 FTE for the H&W program, not necessarily SME	Established H&W team with some SMEs	All team members are experts in H&W field, and cross-functional	Despite H&W being part of HSE, we strongly recommend to bridge initiative with broader HR. As VP GO was successful it can serve as basis for shared resources, cross-communication and human capital.
Budget	No budget allocated, or only upon request	Budget available from own department (Safety; HR; Benefits)	Annual budget from C- level made available to local/reg./central execution	Budget line is defined in the P&L	Once dimensions and variables are defined, KPI's proposed and alignmer instruments such as the Maturity Model are in place, you can plan a 3-year program as subject it to C-Level for more stable budget.
Personalization	No personalization. One size must fit all	Some programs targeted at addressing a specific topic on an ad hoc basis	Managing complexity by segmenting per geography, employees, and job's roles	Personalized support for all individuals based on their unique wants & needs	VP GO success already might have tapped into individual needs. We recommend that once dimensions are defined, you prioritize activities based on general needs or demographics. (E.X. Burnout – Ergonomics for Remote Workers – Resilience training for women).





### **Your Program Assessment and Recommendations**

	Reactive	Proactive	Preventative	Cultural	Recommendations
Strategy	No distinct H&W strategy. Actions taken are reactive to clear external triggers or regulatory changes	Distinct H&W strategy which is data-driven and proactively addresses employee needs	H&W strategy is a key element of the business strategy	H&W is integrated into business strategy and influences future strategic direction	
Dimensions	Responding and managing incidents	Specific Health & Wellbeing dimensions	All dimensions of H&W, holistic offering	Integrated approach to H&W, including external stakeholders	
Alignment	No alignment between local, regional nor global	Aware of H&W initiatives	Aligned with global	Aligned with global but locally adapted	
Commitment	No formal commitment and limited leadership support	Public commitment with leadership support	Leadership and managers take ownership and proactively apply H&W behaviors	Addressed at boardroom level and Organizational wellbeing is a key objective of the ESG strategy	
Culture	Culture does not always support or align with H&W considerations	Employees and Leadership embrace and start supporting H&W through active communications	H&W is consistently considered in employee lifecycle and key business decisions	Every employee has H&W as a shared value, infused into every aspect of the organization	
Accountability	Siloed in specific functions like HR and HSE, no fulltime dedicated team, no KPIs	A centralized dedicated team with cross functional involvement, subjective KPIs	Local or/and regional H&W leaders, quantitative & qualitative KPIs	Leadership, managers, and champions are accountable and empowered, H&W is part of their job description, responsible for business KPIs	
Resource	Existing teams have wellbeing as part of their current role	Min. 1 FTE for the H&W program, not necessarily SME	Established H&W team with some SMEs	All team members are experts in H&W field, and cross-functional	
Budget	No budget allocated, or only upon request	Budget available from own department (Safety; HR; Benefits)	Annual budget from C- level made available to local/reg./central execution	Budget line is defined in the P&L	
Personalization	No personalization. One size must fit all	Some programs targeted at addressing a specific topic on an ad hoc basis	Managing complexity by segmenting per geography, employees, and job's roles	Personalized support for all individuals based on their unique wants & needs	



# THE POWER OF PERSONALIZED HEALTH

The Maturity Assessment can have several applications depending on your program's goals and mission.

Global Progression and Prioritization

Regional and Local Analysis

Champions Network & Supporter's Guide

Internal Data
Analysis Research

At Personify Health, we believe that simplified, personalized, and connected solutions are the best way to engage and empower people to be at their healthiest.

It's time to drive real change. Want to go through this framework with a wellbeing expert? **Get in touch**, and we'll be happy to help.

**LET'S TALK** 

