

GUIDE

Psychosocial safety at work

Navigating compliance
with Personify Health



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Psychosocial hazards & managing the risks

Good mental health at work starts with a culture of Psychosocial safety. Leading the way is Australia's recent [code of practice](#) which provides a thorough framework to Identify, Eliminate or Minimise risks. But what does this mean in practice?

Identify

Ask workers, inspect your workplace and take note of any potential hazards.

Implement

Put measures in place to manage, prevent, and eliminate risks.

Review

Conduct an analysis on how effectiveness of your risk management implementations.





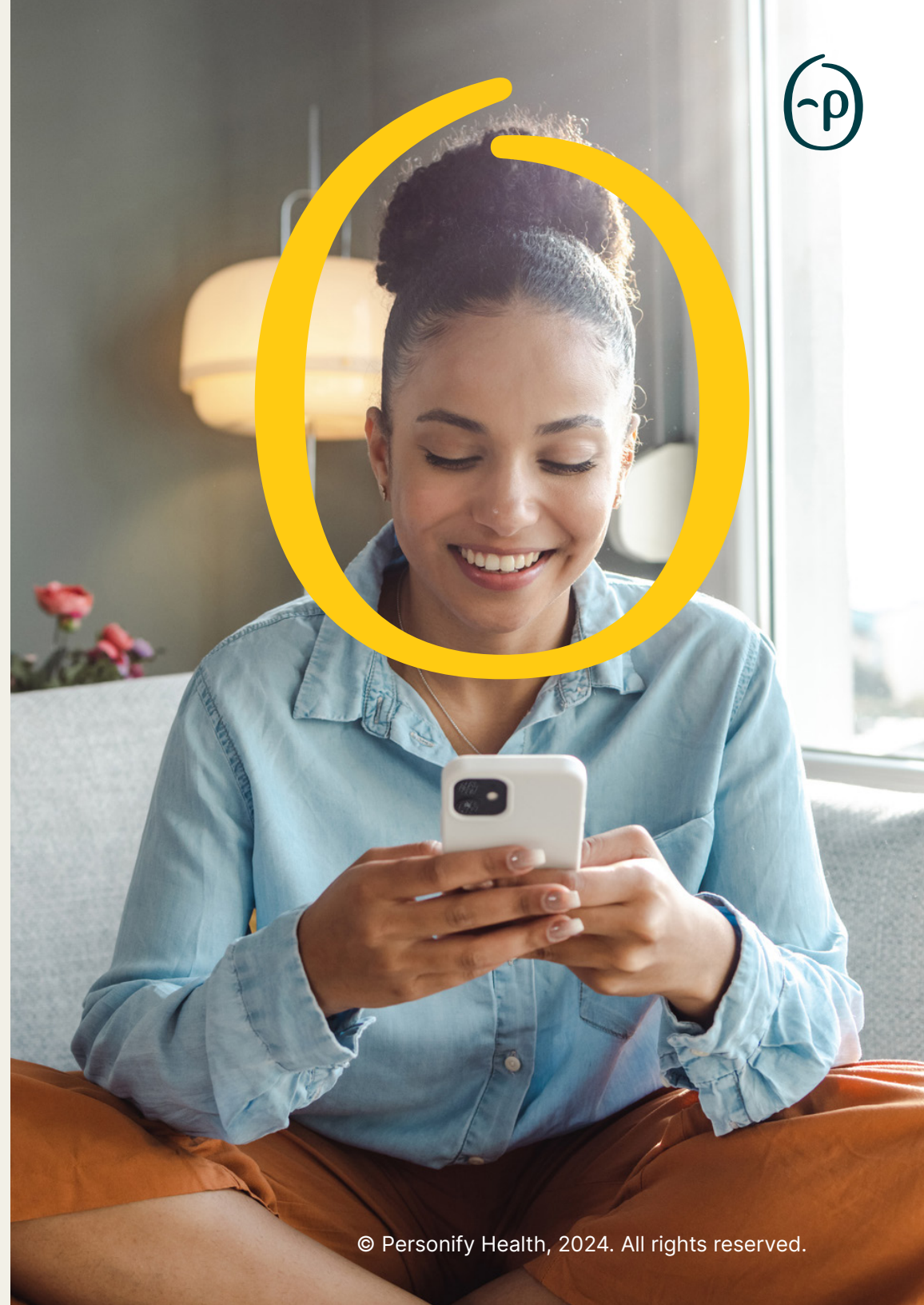
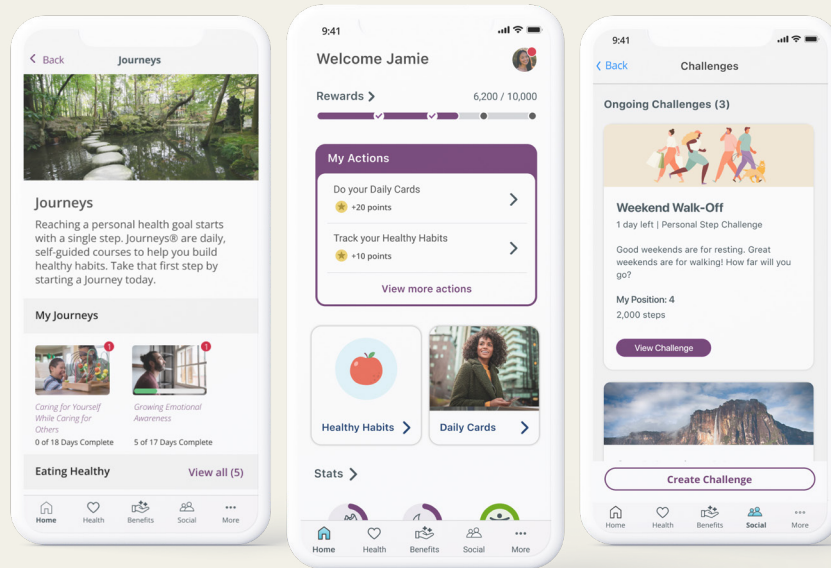
How can Personify Health help?

- ✔ Personalised Wellbeing Content
- ✔ Employee Engagement
- ✔ Social Connections
- ✔ Rewards & Recognitions
- ✔ Reporting

Identify

Implement

Review

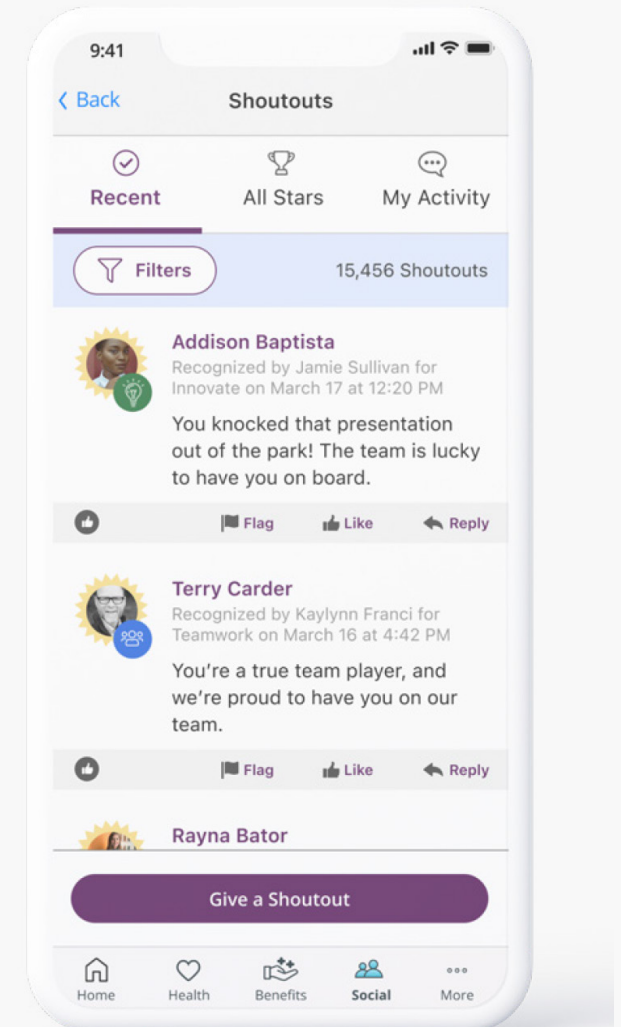




How does it work?

The below table demonstrates some ways Personify Health can help manage the risk.

Obligation	Common psychosocial hazards	Personify Health measures
Identify	Work-related stress	<ul style="list-style-type: none"> • Health Risk Assessment • Surveys • Integrate EAP information to offer personalised announcement cards
Identify/Implement	Inadequate rewards & recognitions	<ul style="list-style-type: none"> • Offer rewards and points when employees complete a healthfocused activity • Shoutouts encourage instant feedback from peers and managers
Identify	Remote or Isolated work	<ul style="list-style-type: none"> • Peer-to-peer challenges to help colleagues connect to a • Social Groups encourage employees to discuss interests, spark fun conversation and deepen relationships



How does it work?

Obligation	Common psychosocial hazards	Personify Health measures
Identify	Poor workplace relationships	<ul style="list-style-type: none"> • Challenges involve all levels of employees and help deepen connections personalised announcement cards
Identify	Trend reporting	<ul style="list-style-type: none"> • Health check reporting provides a baseline health assessment • Live reporting to notice trends and which topics employees engage with
Identify	New policies & procedures	<ul style="list-style-type: none"> • Program pages allow you to host all employee benefits and policies in one centralised place • Announcement cards highlight training and important company information



Because health is personal.™



Want to learn more about how to navigate
compliance with [Personify Health](#)?

