

Addressing Chronic Conditions with Virgin Pulse's Homebase for Health Solution®

## **Uniquely Human Experience**

Homebase for Health® - A simplified and orchestrated "one-stop" Employee Health and Wellbeing Experience

#### N=1 Approach

No two people or Homebases are the same

#### **Always with Me**

Help is easily accessible where I want it

#### **End-to-End**

One place to go to access everything I need

8/10

Members develop positive healthy habits with Virgin Pulse<sup>1</sup>

## Virgin Pulse Ecosystem



Digital Wellbeing & Priority Content



Live Guidance & Coaching

**Mental & Behavioral Health** 





Health Assessments and Surveys



Next Best Action Care Path



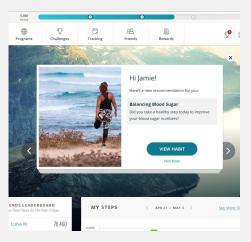
**Health Wallet** 



**Benefit Navigation** 



## **Condition Care**









#### **Digital Platform**

- ✓ Risk assessments
- ✓ Evidence-based content and programming across 15 topics and channels
- ✓ Adaptive learning modules

#### **Live Services**

- ✓ Coaching across 22 conditions
- ✓ Unlimited, on-demand support
- Onsite biometric screening, coaching, and program management
- ✓ Whole-person approach

#### **Partner Network**

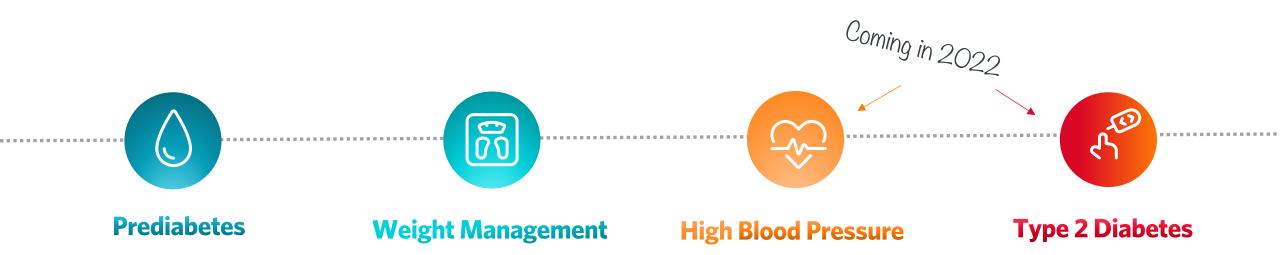
- ✓ 50+ partners spanning 18 categories
- ✓ BYOP (Bring Your Own Partner)
- ✓ VP Digital Formulary
- ✓ Bill as a Medical Claim

#### **Digital Therapeutics**

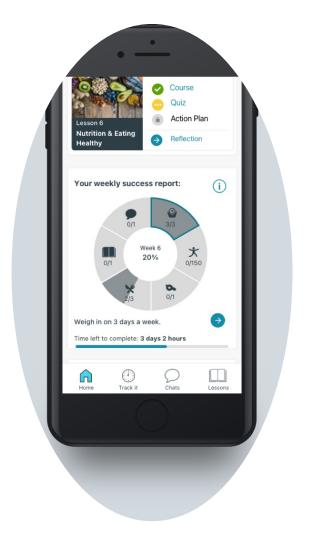
- ✓ CDC-recognized program
- ✓ Rigorous clinical evidence
- ✓ Track health outcomes
- ✓ Targets most common and most costly metabolic and heart-related diseases

# **VP Digital Therapeutics**

For Condition Prevention, Management, Treatment, and Reversal for your most at-risk population



## **Digital Therapeutics**











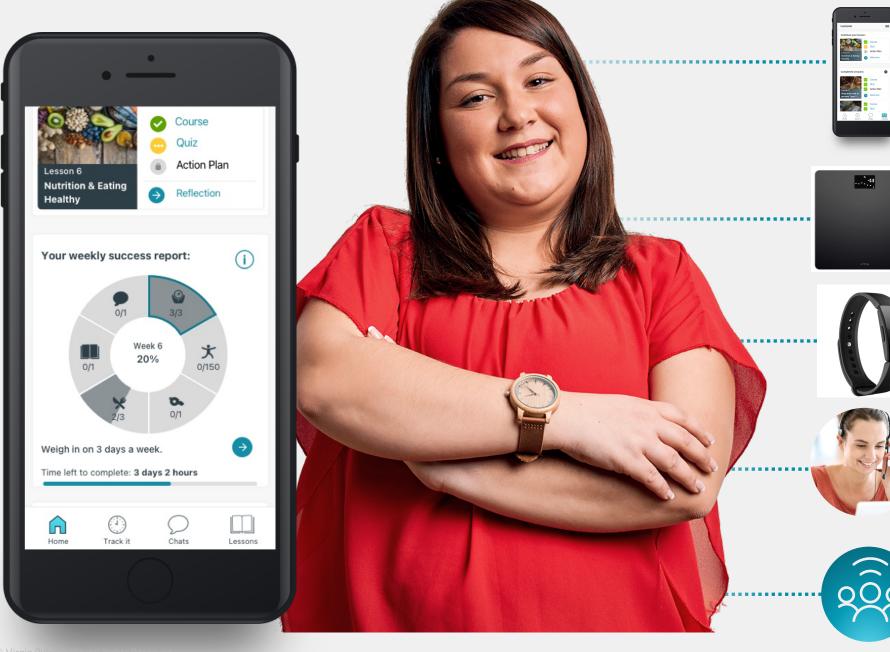
- ✓ Require rigorous clinical evidence
- ✓ Track the impact on risk or disease

Evidence-Based Curriculum

Connected Hardware

Integrated App +
Behavior Tracking
Tools

1:1 Health Coach and Peer Support Group



#### Lessons, Quizzes, Reflections, Action Plans

Weekly, Biweekly, and Monthly multimodal self-paced curriculum adapted from CDC-approved curriculum.

#### **Connected Smart Scale**

The scale syncs to the app providing a seamless weight tracking experience from Day 1.

#### Wearable Devices

Behavior tracking tools are integrated into the app. Members earn a physical activity tracking device by participating in the program.

### One-on-One Sessions with a Health Coach

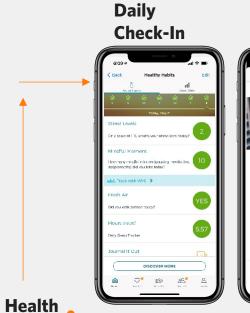
Professional Health Coaches provide tailored guidance and individual feedback to each member.

#### 24/7 Peer Support

Members are placed into online peer groups of 10 to 15 where they offer encouragement, seek support, and trade tips.

## **Care for All, in One Place**

An intelligently delightful experience impacting the individual's condition care journey



**Benefits** 

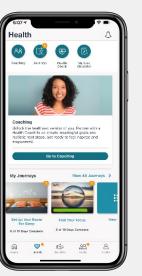
Micro-Activities



Social Connectivity



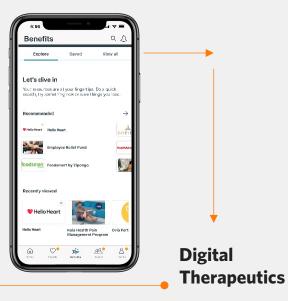
Coaching



Health
Assessment &
Live Guides



**Benefits** 



#### **Lifestyle Behaviors**

Stress, nutrition, physical activity, food insecurity, neighborhood safety

## High Blood Pressure and Cholesterol

Hyperlipidemia, dyslipidemia

#### **Diabetes**

Prediabetes, A1C hyperglycemia, insulin resistance, kidney failure

#### Obesity

Weight management, energy balance

#### Cardiovascular Disease

Cardiac arrythmia, heart failure, stroke





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