

# Digestive Health

Digbi Health is a proven gut microbiome, genetics-based virtual, polychronic care platform that provides convenient care to people living with polychronic mental and physical illnesses associated with gastrointestinal and cardiometabolic issues. Digbi Health uses AI to harness food, genetic, gut microbiome and clinical and behavioral signals to deliver tailored holistic care.

## Digbi Health Digestive Program

For members who struggle with GI and inflammatory conditions with unresolved or subclinical outcomes, Digbi Health offers this pharmaceutical-free GI/digestive health program that integrates nutritional mental health support.

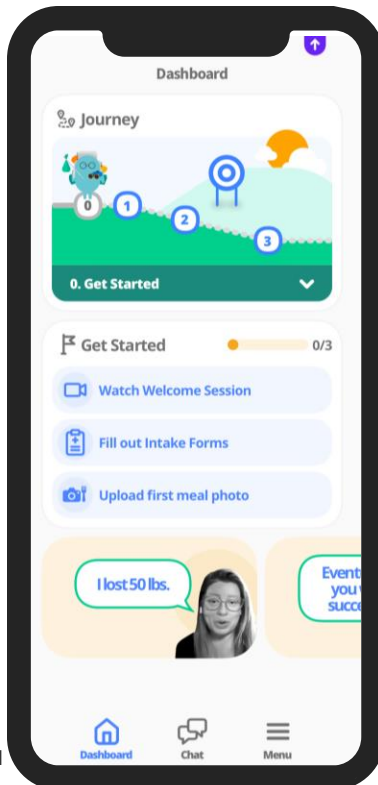
## Digbi Control Program

For members who struggle with weight gain and/or obesity with polychronic metabolic conditions which also integrates nutritional mental health support and is pharmaceutical-free.

## Nutritional Mental Health Support

This program includes:

- Clinical Mental Health Symptom Assessment GAD-7 and PHQ
- Genetic profiling for behavioral health
- Gut microbiome profiling for mood and sleep regulating hormones
- Meal analysis and personalized food + lifestyle recommendations
- Mental health clinical support provided by Registered Nurses



**1.5-3X**  
ROI (over 4 year period)

**#1**  
Only program with CDC certification and FDA authorization

**\$1,800**  
Annual average savings per member