



Fitness, Nutrition & Mindfulness

Deliver inclusive, virtual fitness, nutrition, and mindfulness classes to employees anytime, anywhere. VP+ helps employers and health plans launch a wellness benefit across a broad set of categories that works for everybody and every goal.

Accessible wellness offering

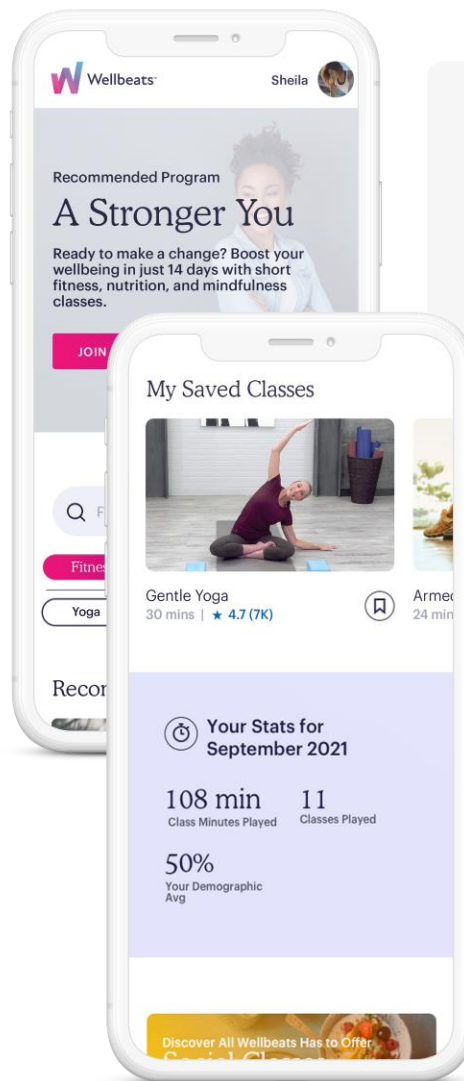
Wellbeats makes wellness easy and accessible for organizations of all sizes, health plans, university campuses, and the U.S. military. Wellbeats provides organizations with a fitness and overall wellbeing solution that reaches the needs of diverse populations.

Real-time feedback and rewards

Wellbeats' easy-to-use, personalized experience eliminates the top barriers to working out and engaging in wellness solutions. Explore more than 35+ programs and over 1,000 virtual classes with something for every age, stage, interest, and ability level. User-friendly filters help members find what they are looking for with classes that range in length from one minute to one hour and that earn members rewards through their Virgin Pulse platform.

Designed to support the new normal

Empower your members with fitness, nutrition, and mindfulness classes that fit their new normal. Wellbeats' high-quality, expert-led fitness classes offer something for everyone, whether they are an expert at yoga or new to running, looking for ways to relieve stress or only have five minutes to unwind. Wellbeats' nutrition category features healthy eating tips, cooking tutorials, and recipes while mindfulness classes focus on meditation, breath, and movement for an approachable and accessible way to relax the mind and body. Wellbeats' social community features allows members to scheduled classes and goal-based challenges provide a road map for members to achieve their goals.



2.3+M

Members in over 90 countries

73 NPS

with a 4.7/5 average class rating

1000+

Virtual fitness, nutrition, and mindfulness classes across 35+ wellness programs

Want to learn more? Watch our [Wellbeats demo](#).