

Nutrition + Dietitian Telehealth

Telehealth

Foodsmart is eating well made simple. Foodsmart helps employers and health plans deliver an innovative telehealth nutrition offering to support the entire population as everyone needs to eat and almost everyone needs help doing so. 91% of employees experience poor nutrition or chronic conditions, and Foodsmart is clinically proven to combat high-cost chronic conditions like diabetes, reduce reliance on costly interventions like GLP-1s, and reverse food insecurity.

Telenutrition Solution

Members have access to dietitian visits with Foodsmart who work directly with your members to improve health outcomes by providing affordable, personalized nutrition education and counseling. Our dietitians are licensed and credentialed nutrition experts clinically trained to cut through the noise and treat diet-related health conditions with a personalized nutrition plan that just can't be found on the internet.

Managing Chronic Disease

Proper nutrition is critical to feeling your best day-to-day, managing stress and burnout, and improving productivity. It is also at the center of preventing and managing chronic conditions.

Avoid Costly Interventions

Foodsmart empowers members with holistic nutrition resources to help reduce reliance on costly interventions like GLP-1s and achieve sustainable results.

Variety of Support Programs

Telenutrition: Virtual appointments with specialty-based registered dietitians nationwide.

Meal Planning: Meal plans customized to tastes, conditions, and budget, including thousands of recipes.

Chronic Disease Management: Dietitians are licensed to treat nutrition-related diseases beyond obesity and diabetes to reduce claims costs associated with these high-cost conditions. Reduces reliance on costly interventions (e.g., GLP-1s)



>33%

Of users lose and sustain at least 5% body weight loss, even after two years with Foodsmart

87

Net Promoter Score (NPS) across clients with telenutrition

\$42

Per member per month medical cost savings (third party claims study)

Sources: Data from Foodsmart's 1.5 million members who have taken its nutritional assessment