



Tip Sheet

Tips to Finding Your Inner Spark

How to empower the next generation of leaders



How do you motivate yourself, your team and your organization? A common passion and purpose—an inner spark, if you will.

Thrive Summit 2023 keynote speakers Jes Wolfe, Chairwoman and CEO of Rebel Girls, and Dr. Geetha Murali, Chief Executive Officer of Room to Read, shared what ignites changemakers, the power of grit and how to fuel the spark within yourself and others.

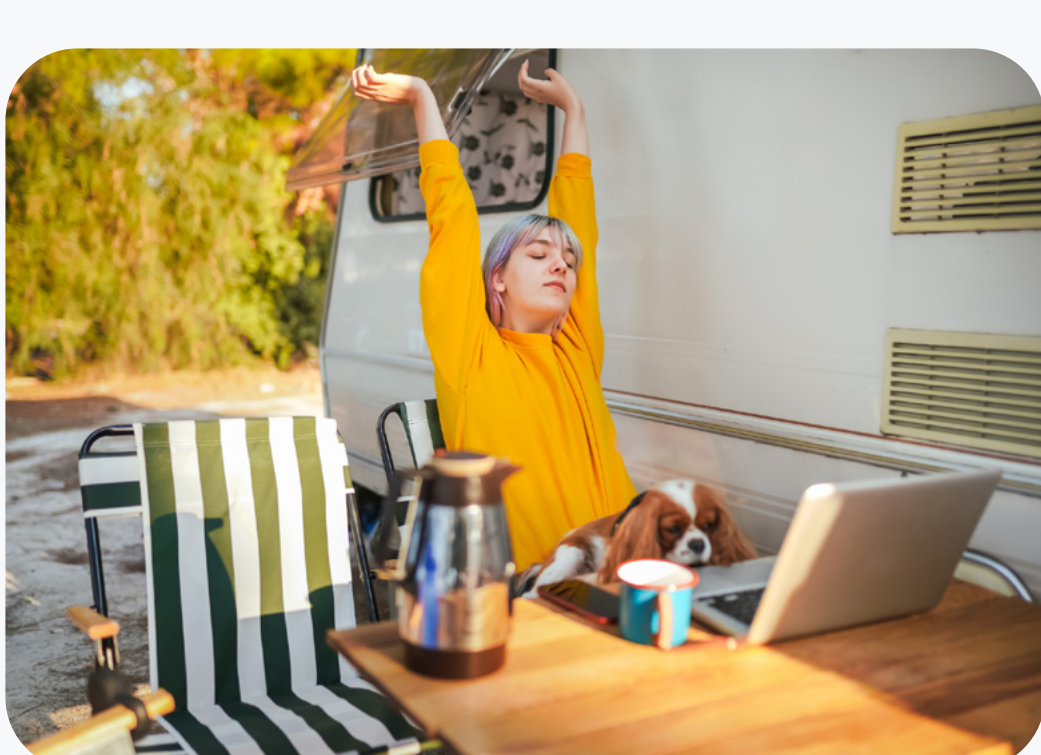
1

Invest your time and energy into things that excite you. Figure out what makes you tick and focus your efforts there.



3

Stay true to you. Have the courage to be yourself and authentically pursue your passions.



2

Remember to ABL: Always be learning. Knowledge is power and what you know can help you grow. When we have the skillset to achieve our dreams, that inner spark that fuels our work can turn into a fire.



4

You won't get it right every time, but each time you get back up matters. Be tenacious and try, try again.

5

Put on your own oxygen mask. If you don't take care of your own wellbeing—no matter how passionate you are about your work—you will put yourself at risk for burnout. Wellbeing first, career second.



6

As you expand your circle or team, ask people what their hopes are and what success looks like to them. This can help you understand their whys and dreams, and how you can grow together.



7

Build a community with like-minded people that have similar values and goals. They can help you take the next step in your journey.



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